

# The menu

5954 WEST PICO BLVD. LOS ANGELES, CA 90035 | 323-592-3129

CREATING HEALTHY  
HABITS  
without Restrictions

## RISE + SHINE

SERVED *with* DAY

ADD APPLEWOOD BACON, CHICKEN SAUSAGE  
FAJITAS OR TURKEY CHORIZO FOR 3

### BREAKFAST BURRITO 10

CHEESY SCRAMBLED EGGS, PICO DE GALLO, AVOCADO, ROASTED POTATOES ON A FLOUR TORTILLA AND A SIDE OF HOMEMADE SALSA

### SPINACH AVOCADO QUESADILLA 11

SCRAMBLED EGGS, SHREDDED CHEESE, AVOCADO, CARAMELIZED ONIONS TOPPED ON A FLOUR TORITLLA

### AVOCADO TOAST 10

SMASHED AVOCADO, PICKLED ONIONS, RADISH, HERBS, LEMON, SEA SALT, CHILI FLAKES ON A LOCALLY BAKED BREAD

### BREAKFAST TACOS 12

CHEESY SCRAMBLED EGGS, PICO DE GALLO, PICKLED ONIONS, BLACK BEANS, ON A FLOUR TORTILLA, SERVED WITH A SIDE OF ROASTED POTATOES AND SALSA

## HANDCRAFTED BOWLS

### KITCHORITA 15

MARINATED CARNE ASADA, RED RICE PILAF, SEASONAL GRILLED VEGGIES, PICO DE GALLO, AND HOMEMADE SALSA, SERVED WITH TORTILLA  
*VEGAN SUB FOR MUSHROOM ASADA*

### MEDITERRANEAN KITCH 15

GRILLED KAFTA GROUND BEEF MEATBALL, TURMERIC GARLIC RICE, SEASONAL GRILLED VEGGIES AND HUMMUS, SERVED WITH PITA BREAD.  
*VEGAN SUB FOR VEGAN MEATBALL*

### SUPERFOOD BREAKFAST BOWL 14.50

SCRAMBLED EGGS, MIXED GREENS, SWEET POTATOES, AVOCADO, PICKLED ONIONS, FRESH BERRIES, WALNUTS TOPPED WITH HEMP SEEDS

### MISS CHIMICHURRI 15

CHOICE OF STEAK, SALMON OR CHICKEN, GRILLED VEGGIES AND ROASTED POTATOES, SERVED WITH HOMEMADE CHIMICHURRI SAUCE

## SANDWICH FIX

SERVED *with* SIMPLE SALAD OR CHIPS

### STEAK AND BRIE 15

GRILLED STEAK, ARUGULA, BRIE, ROASTED BELL PEPPER, CHIMICHURRI ON A LOCALLY BAKED CIABATTA BREAD

### CHICKEN PESTO 15

ROASTED CHICKEN BREAST, CARAMELIZED ONIONS, BURRATA CHEESE, ROMA TOMATOES, HOMEMADE PESTO ON A LOCALLY BAKED CIABATTA BREAD

### CALIFORNIA CHICKEN 16

ROASTED CHICKEN BREAST, FRESH AVOCADO, APPLEWOOD BACON, ROMA TOMATOES, PICKLED RED ONIONS, MIXED GREENS, HOMEMADE GREEN GODDESS ON A LOCALLY COUNTRY BREAD

### GRILLED VEGGIE 15

SEASONAL VEGGIES, CARAMELIZED ONIONS, ROMA TOMATOES, MIXED GREENS, HOMEMADE PESTO ON A LOCALLY BAKED CIABATTA BREAD

## FRESH SALADS

SERVED *with* BREAD

### GREEN GODDESS SALAD 15

GRILLED CHICKEN, LITTLE GEM LETTUCE, MIXED GREENS, CHOPPED BACON, BLEU CHEESE, FRESH AVOCADO, CHERRY TOMATOES, HARD BOILED EGGS, PICKLED RED ONIONS WITH HOMEMADE GREEN GODDESS DRESSING. *KETO-FRIENDLY SALAD*

### KALE CEASAR SALAD 12

KALE, CHERRY TOMATOES, FRESH SHAVED PARMESAN CHEESE, CRISPY PARMESAN CHEESE WITH HOMEMADE CAESAR DRESSING. *KETO-FRIENDLY SALAD. (ADD GRILLED CHICKEN \$3.50)*

### GRILLED SALMON MANGO SALAD 16.50

GRILLED SALMON, MIXED GREENS, PURPLE CABBAGE, SHREDDED CARROTS, RADISH, MANGO, RED BELL PEPPER, CHOPPED FRESH CILANTRO WITH HOMEMADE ROASTED SESAME DRESSING  
*(VEGAN IS AVAILABLE)*

ASK ABOUT OUR MEAL PREP PROGRAM.

PLEASE LET US KNOW IF YOU HAVE ANY DIETARY RESTRICTION, WE ARE HERE TO SUPPORT YOUR WELLNESS INTENTION.  
FOOD PREPARED IN THIS ESTABLISHMENT MAY CONTAIN WHEAT, FISH, EGGS, SOY, NUTS OR DAIRY PRODUCTS.